CONFIDENTIAL PATIENT INFORMATION

This information is confidential. In order for us to understand your health problems properly, please complete these forms and bring them to your first appointment.

| Date: | Chart #: | SS#: | | | |
|------------------------------------|--|------------------------|-------------------------------|--|--|
| Name: | | Home Phone: | | | |
| Address: | | | | | |
| Birth date: | Marital Status: S M W D _ # of Children | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| Other Nearest Relative_ | | Pnone | | | |
| Please Circle Your Sym | nptoms (Circle all that curre | ently apply): | | | |
| Neck Pain | Mid Back Pain | Low Back Pain | Headaches/Head Pain | | |
| Shoulder Pain | Elbow Pain | Wrist Pain | Arm/Hand Pain or Numbness | | |
| Rib Cage Pain | Hip Pain | Knee Pain | Thigh/Leg Pain or Numbness | | |
| Foot/Ankle Pain | Chest Pain | Groin Pain | | | |
| Other: | | | | | |
| DOCTORS CONSULTE | D FOR THIS CONDITION: | | | | |
| Hospital Name | | | | | |
| Doctor Name | | | When consulted | | |
| Present family doctor | Last physical exam | | | | |
| FINANCIAL INFORMAT | ION: | | | | |
| Health Insurance Compa Policy # | - | | Insured | | |
| Attorney name | | | | | |
| WHAT SURGERIES HA | VE YOU HAD? | | | | |
| ANY OTHER SERIOUS | ACCIDENTS AND FALLS? | (AUTO, WORK RELATED, | HOME, LEISURE, SPORTS, OTHER) | | |
| BROKEN BONES, DISL | OCATIONS? | | | | |
| MEDICATIONS AND/OF | R SUPPLEMENTS YOU TAK | E OR WERE PRESCRIBED | : | | |
| | J HAVE BEEN DIAGNOSED e, High Blood Pressure, Strok | | Arthritis, Depression, Etc) | | |
| WORK/LEISURE ACTIV | TITIES (WHAT DO YOU DO F | FOR YOUR JOB / YOUR FR | EE TIME) | | |

INFORMED CONSENT

The primary treatment used by the doctors of chiropractic is the spinal adjustment. I will use that procedure to treat you.

THE NATURE OF THE CHIROPRACTIC ADJUSTMENT

I will use my hands or a mechanical device upon your body in such a way as to move your joints. That may cause an audible "POP" or "CLICK" much as you have experienced when you "crack" your knuckles. You may feel or sense movement.

THE MATERIAL RISKS INHERENT IN CHIROPRACTIC ADJUSTMENT

As with any health care procedure, there are certain complications which may arise during a chiropractic adjustment. Those complications Include: fractures, disc injuries, dislocations, and muscle strain, Horner's syndrome, diaphragmatic paralysis, cervical myelopathy and costovertebral strains and separations. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck leading to or contributing to serious complications including stroke. Some patients will feel some stiffness and soreness following the first few days of treatment.

THE PROBABILITY OF THOSE RISKS OCCURRING

Fractures are rare occurrences and generally result from some underlying weakness of the bone which we check for during the taking of your history and during examination and x-ray. Stroke has been the subject of tremendous disagreement within and without the profession with one prominent authority saying that there is at most a one-in-a-million chance of such an outcome. Since even that risk should be avoided if possible, we employ tests in our examination which are designed to identify if you may be susceptible to that kind of injury. The other complications are also generally described as "rare."

ANCILLARY TREATMENT

In addition to chiropractic adjustments (manipulation) you may receive supportive treatments which will further assist in the management of your condition. While the risk of complication is low there is the possibility of side effects such as burns, soreness, skin irritation, etc. Some of the additional treatments which may be provided include hot moist heat, diathermy, ultrasound, TENS, electrical muscle stimulation, interferential therapy as well as multiple other modalities which have thermal, mechanical and chemical effects.

THE AVAILABILITY AND NATURE OF OTHER TREATMENT OPTIONS

Other treatment options for your condition include:

- -Self-administered, over-the-counter analgesics and rest.
- -Medical care with prescription drugs such as anti-inflammatory, muscle relaxants and pain-killers
- -Hospitalization
- -Surgery

RISKS INHERENT IN SUCH OPTIONS AND THE PROBABILITY OF SUCH RISKS OCCURRING

- -Overuse of over-the-counter medications produces undesirable side effects. If complete rest is impractical, premature return to work and household chores may aggravate the condition and extend the recovery time. The probability of such complications arising is dependant upon the patients general health, severity of the patient's discomfort, his pain tolerance and self-discipline in not abusing the medicine. Professional literature describes highly undesirable effects form long term use of over-the-counter medicines.
- -Prescription muscle relaxants and pain-killers can produce undesirable side effects and patient dependence. The risk of such complications arising is dependant upon the patient's general health, severity of the patient's discomfort, pain tolerance, self-discipline in not abusing the medicine and proper professional supervision. Such medications generally entail very significant risks some with rather high probabilities.
- -Hospitalization in conjunction with other care bears the additional risks of exposure to communicable disease, iatrogenic (doctor induced) mishap and expense. The probability of iatrogenic mishap is remote, expense is certain, exposure to communicable disease is likely with adverse result from such exposure dependant upon unknown variables.
- -The risk inherent in surgery includes adverse reaction to anesthesia, iatrogenic mishap, all those of hospitalization and an extended convalescent period. The probability of those risks occurring varies according to many factors.

THE RISKS AND DANGERS ATTENDANT TO REMAINING UNTREATED

-Remaining untreated allows the formation of adhesions and reduces mobility which sets up a pain reaction further reducing mobility. Over time this process may complicate treatment making it more difficult and less effective the longer it is postponed. The probability that non-treatment will complicate a later rehabilitation is very high.

DO NOT SIGN UNTIL YOU HAVE READ AND UNDERSTAND THE ABOVE

| Name | DATE |
|--|--|
| Name | DATE |
| SIGNATURE OF PATIENT OR GUARDIAN | DATE |
| WITNESS SIGNATURE | DATE |
| Based on my personal observation and direct conversation wi [] Oriented as to time and place [] Coherent and lucid [] Receiving medication but unimpaired [] Able to understand the language used [] Assisted in understanding by use of interpreter (interpreter's name: [] Assisted in consent process by family members: Name [] Assisted in consent by staff members: Name | |
| PATIENT HAD THE FOLLOWING QUESTIONS AND | WAS SUPPLIED WITH THE FOLLOWING ANSWERS: |
| COMMENTS: | |
| | |
| | |

DATE

SIGNATURE OF DOCTOR

SECURITY AGREEMENT & ASSIGNMENT OF AN INTEREST IN A PESORNAL INJURY CLAIM

| Name: | |
|---|---|
| | ion, services provided by Integrated Chiropractic and Wellness, LLC and the promise and Wellness, LLC, the receipt of which is hereby acknowledged, I hereby: |
| treatment whatsoever, and costs against any a accident. Cost such as medical report fees and | Wellness, LLC for its professional services, medical bills and charges for any and all nd all settlement or judgment arising from my personal injury claim as a result of my record copying fees, which are incurred by Integrated Chiropractic and Wellness, if me will be deducted from any net recovery at the time of settlement or verdict in |
| and all treatment whatsoever, and costs agains result of my accident. Cost such as medical re | tic and Wellness, LLC for its professional services, medical bills and charges for any st any and all settlement or judgment arising from my personal injury claim as a eport fees and record copying fees, which are incurred by Integrated Chiropractic and torney, or me will be deducted from any net recovery at the time of settlement or |
| | ments from negligent parties or from insurance companies. Payments are made to 00 Madison Ave., Suite 215, Bridgeport, CT 06606. |
| rendered to me, by any reason which are due t | om my personal injury proceeds such sums as may be due and owing for services to Integrated Chiropractic and Wellness, LLC and to withhold such sums from any ment to me as may be necessary to adequately protect and pay Integrated |
| will be required under Professional Rule of Co upon the reasonableness of a bill or costs, or a in binding arbitration within thirty days of rec of the Connecticut Chiropractic Association s | ableness of a bill or costs, or a dispute arises, I agree and understand that my attorney onduct 1.15(b) to hold the amount of money in dispute. If the parties cannot agree a dispute arises, then the parties agree, and I, herby, agree and stipulate to participate reipt of personal injury proceeds by my attorney. I further agree to have the chairman erve as the sole arbitrator of the disputed dollar amount. The parties agree to be a agree to split (fifty/fifty) the costs of arbitration. |
| of the outcome of my case. My financial responsition of the outcome of my case. My financial responsition of the partial payment as partial payment as partial chiropractic and Wellness, LLC with posted in the office and agree to receive service. | ment and services are my responsibility and I am obligated to pay the bill regardless onsibility is not contingent upon a favorable settlement or judgment of a personal ceptance of partial payment from a third party Integrated Chiropractic and Wellness, ayment in full. When partial payment occurs it has been explained to me that ill balance bill me for any outstanding balance. I have reviewed the fee schedule ces and be responsible for my bill. I acknowledge that this agreement is made for the courtesy of Integrated Chiropractic and Wellness, LLC awaiting payment. I have |
| Signature | Date |

Date

Witness

Notice of Privacy Practices

INTEGRATED CHIROPRACTIC AND WELLNESS, LLC

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

This Notice of Privacy Practices describes how we may use and disclose your protected health information (PHI) to carry out treatment, payment or health care operations (TPO) and for other purposes that are permitted or required by law. It also describes your rights to access and control your protected health information. "Protected health information" is information about you, including demographic information, that may identify you and that relates to your past, present or future physical or mental health or condition and related health care services.

1. Uses and Disclosures of Protected Health Information

Uses and Disclosures of Protected Health Information

Your protected health information may be used and disclosed by your physician, our office staff and others outside of our office that are involved in your care and treatment for the purpose of providing health care services to you, to pay your health care bills, to support the operation of Integrated Chiropractic and Wellness, LLC, and any other use required by law.

<u>Treatment:</u> We will use and disclose your protected health information to provide, coordinate, or manage your health care and any related services. This includes the coordination or management of your health care with a third party. For example, we would disclose your protected health information, as necessary, to a home health agency that provides care to you. For example, your protected health information may be provided to a physician to whom you have been referred to ensure that the physician has the necessary information to diagnose or treat you.

Payment: Your protected health information will be used, as needed, to obtain payment for your health care services. For example, obtaining approval for a hospital stay may require that your relevant protected health information be disclosed to the health plan to obtain approval for the hospital admission.

Healthcare Operations: We may use or disclose, as-needed, your protected health information in order to support the business activities of Integrated Chiropractic and Wellness, LLC. These activities include, but are not limited to, quality assessment activities, employee review activities, training of medical staff, and conducting or arranging for other business activities. For example, we may disclose your protected health information to medical personnel that see patients at our office. In addition, we may use a sign-in sheet at the registration desk where you will be asked to sign your name. We may also call you by name in the waiting room when your physician is ready to see you. We may use or disclose your protected health information, as necessary, to contact you to remind you of your appointment.

We may use or disclose your protected health information in the following situations without your authorization. These situations include: as Required By Law, Public Health issues as required by law, Communicable Diseases: Health Oversight: Abuse or Neglect: Food and Drug Administration requirements: Legal Proceedings: Law Enforcement: Coroners, Funeral Directors, and Organ Donation: Research: Criminal Activity: Military Activity and National Security: Workers' Compensation: Inmates: Required Uses and Disclosures: Under the law, we must make disclosures to you and when required by the Secretary of the Department of Health and Human Services to investigate or determine our compliance with the requirements of Section 164.500.

Other Permitted and Required Uses and Disclosures Will Be Made Only with Your Consent, Authorization or Opportunity to object unless required by law.

You may revoke this authorization, at any time, in writing, except to the extent that your physician or the physician's practice has taken an action in reliance on the use or disclosure indicated in the authorization.

Your Rights

Complaints

Following is a statement of your rights with respect to your protected health information.

<u>You have the right to inspect and copy your protected health information.</u> Under federal law, however, you may not inspect or copy the following records; psychotherapy notes; information compiled in reasonable anticipation of, or use in, a civil, criminal, or administrative action or proceeding, and protected health information that is subject to law that prohibits access to protected health information.

You have the right to request a restriction of your protected health information. This means you may ask us not to use or disclose any part of your protected health information for the purposes of treatment, payment or healthcare operations. You may also request that any part of your protected health information not be disclosed to family members or friends who may be involved in your care or for notification purposes as described in this Notice of Privacy Practices. Your request must state the specific restriction requested and to whom you want the restriction to apply.

Your physician is not required to agree to a restriction that you may request. If physician believes it is in your best interest to permit use and disclosure of your protected health information, your protected health information will not be restricted. You then have the right to use another Healthcare Professional.

You have the right to request to receive confidential communications from us by alternative means or at an alternative location. You have the right to obtain a paper copy of this notice from us, upon request, even if you have agreed to accept this notice alternatively i.e. electronically.

You may have the right to have your physician amend your protected health information. If we deny your request for amendment, you have the right to file a statement of disagreement with us and we may prepare a rebuttal to your statement and will provide you with a copy of any such rebuttal.

You have the right to receive an accounting of certain disclosures we have made, if any, of your protected health information.

We reserve the right to change the terms of this notice and will inform you by mail of any changes. You then have the right to object or withdraw as provided in this notice.

| You may complain to us or to the Secretary of Health and Human Services if you believe your privacy rights have been violated by us. You may complaint with us by notifying our privacy contact of your complaint. We will not retaliate against you for filing a complaint. | nay |
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| We are required by law to maintain the privacy of, and provide individuals with, this notice of our legal duties and privacy practices with respect to protected health information. If you have any objections to this form, please ask to speak with our HIPAA Compliance Officer in person or by phone at our Main Phone Number. | |
| Signature below is only acknowledgement that you have received this Notice of our Privacy Practices: | |
| Print Name: | |
| Signatura | |